

# **Review of 2019 Butte Study - “*Meconium identifies high levels of metals in newborns from a mining community in the U.S.*”**

**McDermott, et al**

**February 5, 2020**

Dr. Charles Partridge, USEPA Region 8 Toxicologist  
Nikia Greene, USEPA Region 8 Remedial Project Manager  
Lynn Woodbury, CDM Smith, Denver CO



## EPA's Commitment to Butte

- ***The U.S. Environmental Protection Agency (EPA) will review all new information concerning health or environmental studies which may affect public health***
- ***EPA will work with our federal, state, and local partners to review the McDermott et al. (2019) study to determine if further studies are necessary to protect human health and the environment in the Butte community***



## Why is EPA reviewing the data from the McDermott study?

- Scrutiny of data that have potential public health implications is standard practice
- Initial review of results by EPA and other agencies suggested concentrations for the control group (South Carolina) were inconsistent with current scientific literature. Further investigation warranted.
- Search for effect levels to help interpretation of results



# Why are Metals Detected in Meconium?

- Most prenatal vitamins have copper, iron, zinc; some also contain chromium, manganese, molybdenum, selenium
- FDA Daily Values
  - Cu = 2 mg
  - Mn = 2 mg
  - Mo = 75 ug
  - Zn = 15 mg

➤ Detection of these beneficial minerals in meconium is expected

## Supplement Facts

Serving size 3 Tablets  
Servings per container 64

| Amount per serving  | %DV for adults        | %DV for pregnant women |
|---|-----------------------|------------------------|
| Vitamin A (100% as beta-carotene from ferment media)  | 1300 mcg 144%         | 100%                   |
| Vitamin C (as ascorbic acid from ferment media)   | 75 mg 83%             | 63%                    |
| Vitamin D3 (as cholecalciferol from ferment media)  | 25 mcg (1000 IU) 125% | 167%                   |
| Vitamin E (as d-alpha-tocopheryl acetate from ferment media)  | 20.9 mg 139%          | 110%                   |
| Vitamin K (as phyloquinone [K1] from ferment media and as menaquinone-7 [K7] from natb)   | 90 mcg 73%            | 98%                    |
| Thiamin (as thiamine hydrochloride from ferment media)  | 1.4 mg 117%           | 100%                   |
| Riboflavin (from ferment media)   | 1.6 mg 123%           | 100%                   |
| Niacin (as niacinamide from ferment media)  | 18 mg 113%            | 100%                   |
| Vitamin B6 (as pyridoxine hydrochloride from ferment media)   | 5 mg 294%             | 250%                   |
| Folate (as methylfolate, and as 105 mcg folic acid from ferment media)  | 600 mcg DFE 150%      | 100%                   |
| Vitamin B12 (as cyanocobalamin from ferment media)  | 3 mcg 125%            | 107%                   |
| Biotin (from ferment media)   | 35 mcg 117%           | 100%                   |
| Pantothenic Acid (as calcium pantothenate from ferment media)   | 7 mg 140%             | 100%                   |
| Calcium (from algae <i>Lithothamnion</i> [ <i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i> ])  | 75 mg 6%              | 6%                     |
| Iron (as ferrous fumarate from ferment media)   | 27 mg 150%            | 100%                   |
| Iodine (as potassium iodide from ferment media)   | 150 mcg 100%          | 52%                    |
| Magnesium (as magnesium oxide from ferment media and algae <i>Lithothamnion</i> [ <i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i> ]) | 15 mg 4%              | 4%                     |
| Zinc (as zinc oxide from ferment media)   | 6.5 mg 59%            | 50%                    |
| Selenium (as selenium dioxide from ferment media)   | 70 mcg 127%           | 100%                   |
| Copper (as copper sulfate anhydrous from ferment media)   | 0.65 mg 72%           | 50%                    |
| Manganese (as manganese chloride from ferment media)  | 2.6 mg 113%           | 100%                   |
| Chromium (as chromium chloride from ferment media)  | 45 mcg 129%           | 100%                   |
| Molybdenum (as sodium molybdate from ferment media)   | 20 mcg 44%            | 40%                    |

CODE 286412

KOG

Directions: As a dietary supplement, take two caplets daily with food.

## Supplement Facts

Serving Size Two Caplets  
Servings Per Container 30

| Amount Per Serving                                  | % Daily Value* |
|---|----------------|
| Vitamin A (as beta-Carotene)                        | 4500 IU 56%    |
| Vitamin C (as Ascorbic Acid)                        | 120 mg 200%    |
| Vitamin D (as Cholecalciferol D-3)                  | 400 IU 100%    |
| Vitamin E (as Natural d-alpha Tocopheryl Succinate) | 50 IU 100%     |
| Thiamine (Vitamin B-1 (as Thiamin Mononitrate))     | 1.4 mg 82%     |
| Riboflavin (Vitamin B-2)                            | 1.6 mg 80%     |
| Niacin (as Niacinamide)                             | 18 mg 90%      |
| Vitamin B-6 (as Pyridoxine Hydrochloride)           | 19 mg 400%     |
| Folic Acid  | 1800 mcg 125%  |
| Vitamin B-12 (as Cyanocobalamin)                    | 8 mcg 100%     |
| Biotin  | 35 mcg 12%     |
| Pantothenic Acid (as Calcium Pantothenate)          | 7 mg 140%      |
| Calcium (as Calcium Carbonate)                      | 600 mg 46%     |
| Iodine (as Potassium Iodide)                        | 290 mcg 183%   |
| Magnesium (as Magnesium Oxide)                      | 200 mg 44%     |
| Zinc Oxide  | 15 mg 100%     |
| (as Copper Gluconate)                               | 1.3 mg 65%     |
| Selenium (as Selenium Yeast)                        | 70 mcg *       |
| (as Manganese Sulfate)                              | 2.6 mg *       |
| Chromium (as Chromium Yeast)                        | 45 mcg *       |
| Molybdenum (as Sodium Molybdate)                    | 50 mcg *       |
| Boron (as Boron Citrate)                            | 100 mcg *      |
| Choline (as Choline Bitartrate)                     | 500 mcg *      |

\* Daily Value for pregnant or lactating women.

\* Daily Value not established.



# Manganese

- An essential mineral nutrient needed for proper **fetal development** and other important aspects of metabolism.
- Excess manganese during the second trimester may increase risk for preterm delivery
- Findings of two recent studies indicate that lower maternal blood manganese is associated with fetal intrauterine growth retardation (IUGR) and lower birth weight.



# Copper

- Copper is an essential micronutrient
- Elevations of copper in pregnancy is exceedingly rare, it is treated the same as Wilson's disease. The goal is to prevent fetal growth restricting and neurological sequelae in the newborn and preeclampsia in the mother.
- Deficiencies during pregnancy and development can lead to serious consequences, both short and long-term.



# Zinc

- A mineral micronutrient that plays an essential role in fetal development.
- Prenatal zinc supplementation leads to a statistically significant lower incidence of preterm birth.
- Maternal zinc deficiency during pregnancy is linked with adverse pregnant outcomes including abortion, preterm delivery, stillbirth and fetal neural tube defects.



# What else can influence metal concentrations in newborns?

- Based on meconium metal concentrations
  - Gestational age (24-28 weeks vs. 38-42 weeks)
    - Cu: 1.3x decrease
    - Mn: 3.8x increase
    - Zn: 2.3x increase
  - Birth Weight (<1,500 g vs. >2,500 g)
- Based on blood metal concentrations
  - Nutritional status
  - Maternal age
  - Infant gender
  - Maternal smoking status
  - Season of sample collection
  - Maternal pre-pregnancy BMI
  - Maternal education level





# Current Literature on Meconium Metal Concentrations

- EPA compiled meconium data in the scientific literature from 17 studies spanning more than 50 years
- This compilation includes all three citations noted in the McDermott paper
  - Canadian Maternal-Infant Research on Environmental Chemicals (MIREC) Study (n= 1,591 meconium samples) – Arbuckle et al. (2016)/Ettinger et al. (2017)
  - Aziz et al. (2017), Pakistan study (n = 302)
  - Turker et al. (2013), Turkey study (n=291)



# What is the MIREC Study?

## **Maternal-Infant Research on Environmental Chemicals (MIREC) Study**

- National, multi-year, research study (~2,000 participants).
- Began in 2007 and includes 10 cities across Canada.
- MIREC study provides a snapshot of typical metal levels in meconium.

## **Study Goals:**

- Measure the extent to which pregnant women and their babies are exposed to environmental chemicals, as well as tobacco smoke.
- Assess what health risks, if any, are linked to exposure to increased levels of environmental chemicals.
- Measure the levels of environmental chemicals and nutritional factors in human milk.
- Collect small amounts of body fluids from consenting participants to store in the MIREC biobank for further research.



# McDermott Study, Table 1 – Meconium Metal Conc.

| Butte, MT<br>N = 15                                    |   | Columbia, SC<br>N = 17  | Wilcoxon<br>rank<br>sum test<br>p-Value | t-Test<br>p-Value |
|--|---|---|---|-------------------|
| Units: $\mu\text{g kg}^{-1}$                           |   |   |   |                   |
| Median (minimum, maximum)<br>Mean (standard deviation) |   |   |   |                   |
| As   | Median 32<br>Min 16, Max 49<br>Mean 35<br>Std Dev. 10                       | <LoD<br><br><LoD  | <0.0001                                 | <0.0001           |
| Cu   | Median 26,311<br>Min 11,006, Max 47,270<br>Mean 28,134<br>Std Dev. 10,411   | Median 14.68<br>Min 2.40, Max 27.42<br>Mean 14.75<br>Std Dev. 7.68    | <0.0001                                 | <0.0001           |
| Mn   | Median 5364<br>Min 388, Max 18,120<br>Mean 6807<br>Std Dev. 5726            | Median 3.25<br>Min 0.20, Max 12.83<br>Mean 4.67<br>Std Dev. 4.48      | <0.0001                                 | <0.0001           |
| Mo   | Median 59<br>Min 24, Max 105<br>Mean 64<br>Std Dev. 22                      | <LoD<br><br><LoD  | <0.0018                                 | <0.0018           |
| Pb   | Median #<br><br>Mean 5<br>Std Dev. 5  | <LoD<br><br><LoD  | <0.0001                                 | <0.0001           |
| Zn   | Median 81,642<br>Min 22,120, Max 312,695<br>Mean 109,154<br>Std Dev. 82,772 | Median 43.34<br>Min 12.17, Max 117.25<br>Mean 53.74<br>Std Dev. 36.16 | <0.0001                                 | <0.0001           |

Limits of Detection (LoD) for MT samples:

As = 5.0, Cu = 5.0, Mn = 5.0, Mo = 0.1, Pb = 0.1, Zn = 5.0

Limits of Detection (LoD) for SC samples:

As = 1.4, Cu = 0.5, Mn = 0.5, Mo = 0.7, Pb = 0.6, Zn = 1.8

\*only one sample was above the limit of detection

- In most recent literature studies, meconium concentrations are reported as  $\mu\text{g/g}$  (ppm) and not  $\mu\text{g/kg}$  (ppb)

Concentration  
values  
converted to  
 $\mu\text{g/g}$  (ppm)



| Metal | Butte, MT                       | Columbia, SC                     |
|-------|---------------------------------|----------------------------------|
| As    | Median: 0.032<br>Mean: 0.035    | Median: <LOD<br>Mean: <LOD       |
| Cu    | Median: 26.311<br>Mean: 28.134  | Median: 0.01468<br>Mean: 0.01475 |
| Mn    | Median: 5.364<br>Mean: 6.807    | Median: 0.00325<br>Mean: 0.00467 |
| Mo    | Median: 0.059<br>Mean: 0.064    | Median: <LOD<br>Mean: <LOD       |
| Pb    | Median: NC<br>Mean: 0.005       | Median: <LOD<br>Mean: <LOD       |
| Zn    | Median: 81.642<br>Mean: 109.154 | Median: 0.04334<br>Mean: 0.05374 |



## Conversions and Assumptions

- Literature meconium concentration values usually expressed as dry weight
  - Authors indicated McDermott study values are presented as “as received”
- Meconium moisture content is 70-75% (per Harries 1978)
  - $DW = WW / \text{Fraction Solids}$
  - McDermott study values would be about 3-4 times higher if converted to dry weight
  - McDermott et al. concentrations adjusted from wet weight to dry weight assuming a moisture content of 70% [ $dw = ww / (1 - 0.7)$ ]
- Results reported in terms of infant body weight; adjusted based on the median body weight 2.070 kg (Turker 2013)
- Results reported in terms of total metal (expressed as concentration assuming the mean reported mass of stool 8.9 g (Friel 1989)



# Results Comparison

| Metal      | Meconium Concentration (µg/g) |                      |                        |                      |                        |            |   |               |         |  |                                 |   |                          |                     |
|------------|-------------------------------|----------------------|------------------------|----------------------|------------------------|------------|---|---------------|---------|--|---------------------------------|---|--------------------------|---------------------|
|            | McDermott et al. (2019) [a]   |                      |                        |                      | Cassoulet et al. 2019* |            | MIREC<br>(Arbuckle et al. 2016/<br>Ettinger et al. 2017)* |               |         | Aziz et al.<br>2017                    | Peng et al.<br>2015             | Hamzaoglu<br>2014                         | Turker et<br>al. 2013    | Yang et al.<br>2013 |
|            | n=15                          |                      | n=17                   |                      | n=371                  |            | n=1,591   |               |         | n=309                                  | n=190                           | n=18                                      | n=304                    | n=102               |
|            | Butte, MT<br>Median           |                      | Columbia, SC<br>Median |                      | Median                 | Range      | Median  | 95th<br>%tile | Maximum | Mean Range<br>by Location<br>(dry wt.) | Control,<br>Median (dry<br>wt.) | Non-<br>industrial<br>district,<br>Median | Surviving,<br>Median [c] | Range               |
|            | as wet<br>weight              | as dry weight<br>[b] | as wet<br>weight       | as dry<br>weight [b] |                        |            |   |               |         |  |                                 |   |                          |                     |
| Arsenic    | 0.032                         | 0.11                 | <LOD                   | <LOD                 | 0.123                  | ND - 0.72  | NC  | 0.02          | 0.55    | ---                                    | 0.03778                         | 0.07                                      | ---                      | [e]                 |
| Copper     | 26.311                        | 88                   | 0.01468                | 0.049                | 67.18                  | 15 - 250   | ---   | ---           | ---     | 1.6 - 28.7                             | ---                             | 67.05                                     | 99.77                    | ---                 |
| Manganese  | 5.364                         | 18                   | 0.00325                | 0.011                | 14.31                  | 1 - 100    | 4.9   | 15            | 40      | ---                                    | ---                             | ---                                       | ---                      | ---                 |
| Molybdenum | 0.059                         | 0.20                 | <LOD                   | <LOD                 | ---                    | ---        | ---   | ---           | ---     | ---                                    | ---                             | ---                                       | ---                      | ---                 |
| Lead       | NC (0.005+)                   | NC (0.017+)          | <LOD                   | <LOD                 | 0.022                  | ND - 0.35  | NC  | 0.0085        | 0.48    | 1.2 - 14.4                             | 0.13568                         | 0.041                                     | 30.84                    | [e]                 |
| Zinc       | 81.642                        | 272                  | 0.04334                | 0.14                 | 313.8                  | 20 - 1,500 | ---   | ---           | ---     | 9.5 - 160.3                            | ---                             | 244.5                                     | 190.44                   | ---                 |

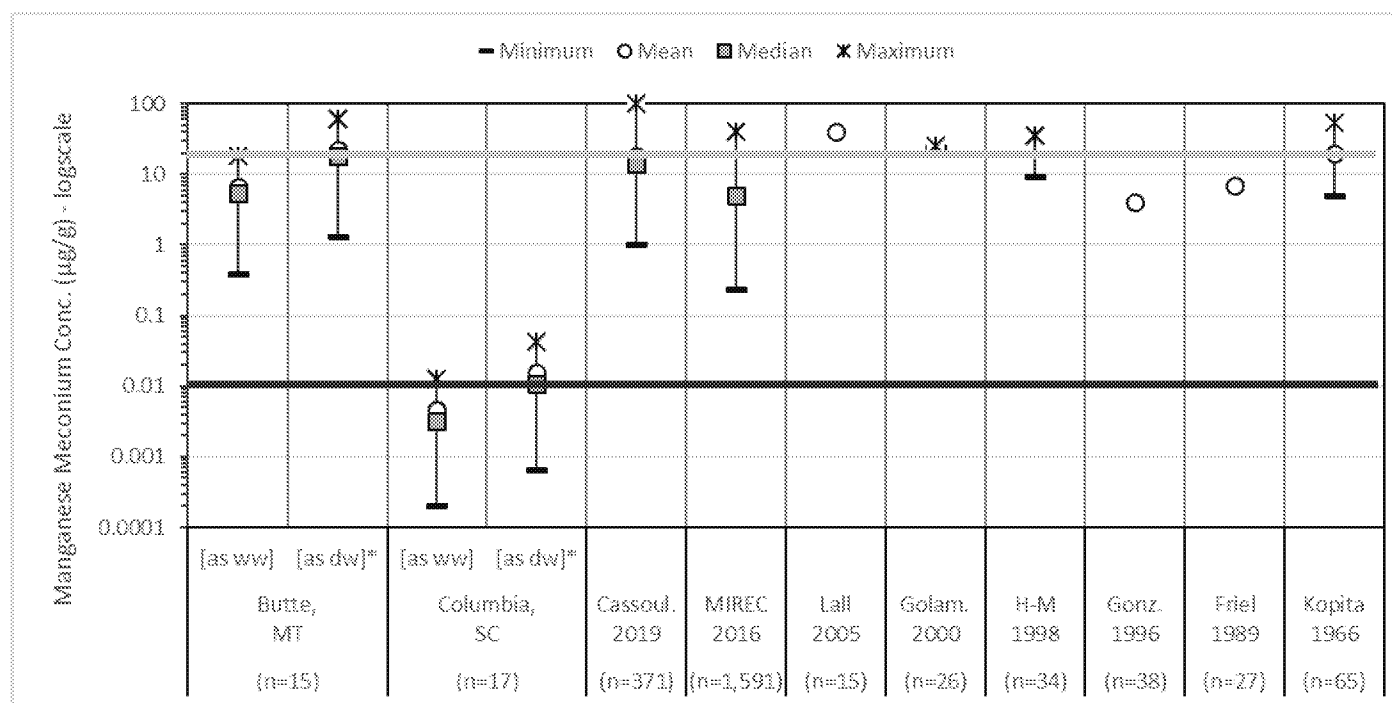


## Results Comparison (cont.)

| Metal      | Meconium Concentration (µg/g) |                      |                    |                              |                    |                                  |                               |                             |                 |                     |              |
|------------|-------------------------------|----------------------|--------------------|------------------------------|--------------------|----------------------------------|-------------------------------|-----------------------------|-----------------|---------------------|--------------|
|            | Vall et al. 2012              |                      | Turker et al. 2006 | Lall et al. 2005             | Ostrea et al. 2002 | Golamco et al. (2000)            | Haram-Mourabet 1998           | Gonzalez de Dios 1996       | Baranowski 1996 | Friel 1989          | Kopito 1966  |
|            | n=37                          |                      | n=117              | n=15                         | n=426              | n=26                             | n=34                          | n=38                        | n=26            | n=27                | n=65         |
|            | Median (dry wt.)              | 95th %tile (dry wt.) | Median             | AGA Newborns, Mean (dry wt.) | Median             | Range of means, >36wks (dry wt.) | Mean Range by Gestational Age | Full-term, Mean (Table III) | Control Mean    | Mean, full-term [d] | Control Mean |
| Arsenic    | 0.0056                        | 0.0255               | ---                | ---                          | <LOD               | ---                              | ---                           | ---                         | ---             | ---                 | ---          |
| Copper     | ---                           | ---                  | 116.8              | 115.8                        | ---                | 79.7 - 93.6                      | 90.3 - 154.2                  | 36.4                        | 15.2            | 27.5                | 64           |
| Manganese  | ---                           | ---                  | ---                | 40.2                         | ---                | 24.7 - 25.4                      | 9.5 - 35.8                    | 4.1                         | ---             | 7.0                 | 20           |
| Molybdenum | ---                           | ---                  | ---                | ---                          | ---                | ---                              | ---                           | 0.145                       | ---             | ---                 | ---          |
| Lead       | ---                           | ---                  | 46.5               | ---                          | [f]                | ---                              | ---                           | 0.289                       | 0.0047          | ---                 | ---          |
| Zinc       | ---                           | ---                  | 234                | 482.8                        | ---                | 456.1 - 667.7                    | 156.4 - 365.4                 | 76                          | 68              | 107.5               | 230          |



## Results Comparison - Manganese





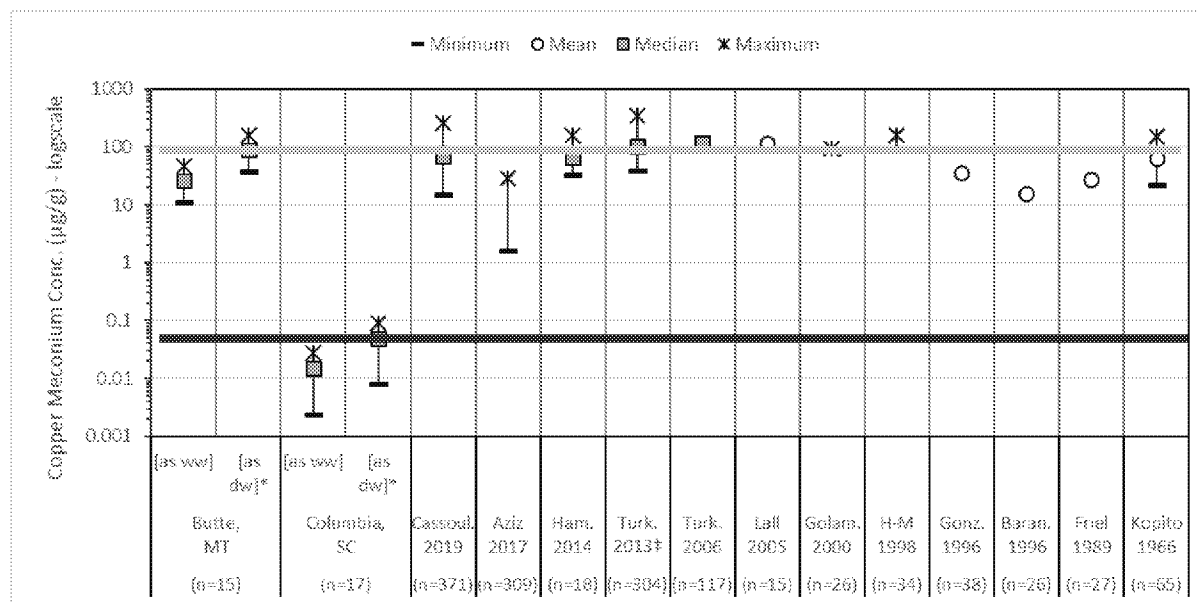
## Results Comparison – Manganese (cont.)

- McDermott Table 1 Median Concentrations
  - Manganese example [*Median; Min – Max*]
    - Butte = 5.364; 0.388 – 18.120 µg/g dry weight
    - Columbia = 0.00325; 0.0002 – 0.01283 µg/g dry weight
    - MIREC = 4.9; 0.24 – 40 µg/g dry weight
  - Comparison to other meconium datasets shows...
    - Butte concentrations are within the range of observed literature concentrations
    - Columbia concentrations are more than 1,000x lower than observed literature concentrations
- Columbia, SC results much lower than either Butte or other studies in the literature





## Results Comparison - Copper



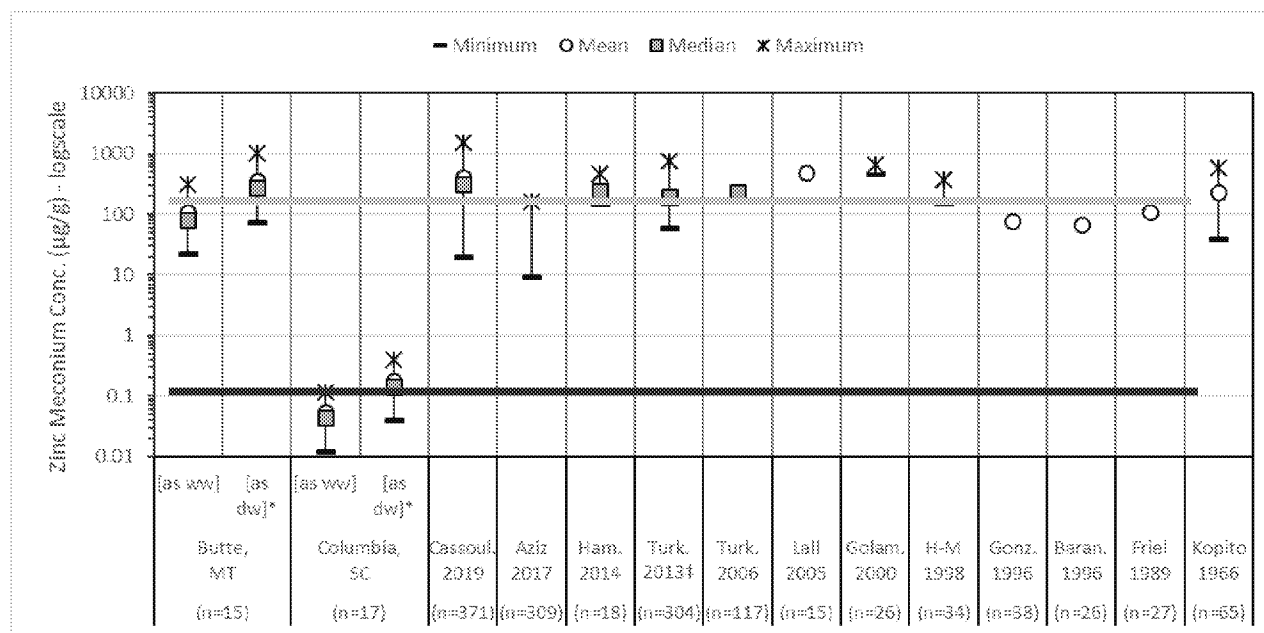
Butte mean =  
 28.134 µg/g dry wt.  
 Columbia mean =  
 0.01475 µg/g dry wt.

### ➤ Comparison to other studies shows...

- Butte concentrations are similar to other study concentrations
- Columbia concentrations are more than 1,000x lower than other study concentrations



## Results Comparison - Zinc



Butte =  
109.154 µg/g dry wt.  
Columbia =  
0.05374 µg/g dry wt.

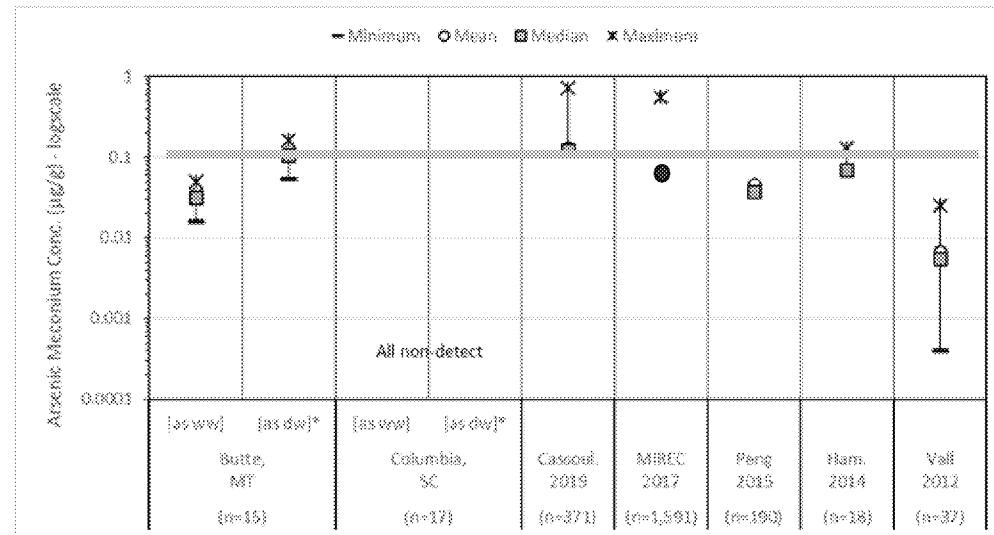
### ➤ Comparison to other studies shows...

- Butte concentrations are similar to other study concentrations
- Columbia concentrations are more than 1,000x lower than other study concentrations



## Results Comparison - Arsenic

- McDermott [*median, min-max*]
  - Butte: 0.032; 0.016 – 0.049  $\mu\text{g/g}$  dry wt.
  - Columbia: all <LOD
- MIREC [*median, 95<sup>th</sup> %tile, max*]
  - NC, 0.02, 0.55  $\mu\text{g/g}$  dry wt.
    - NC = not calculated due to low detection frequency

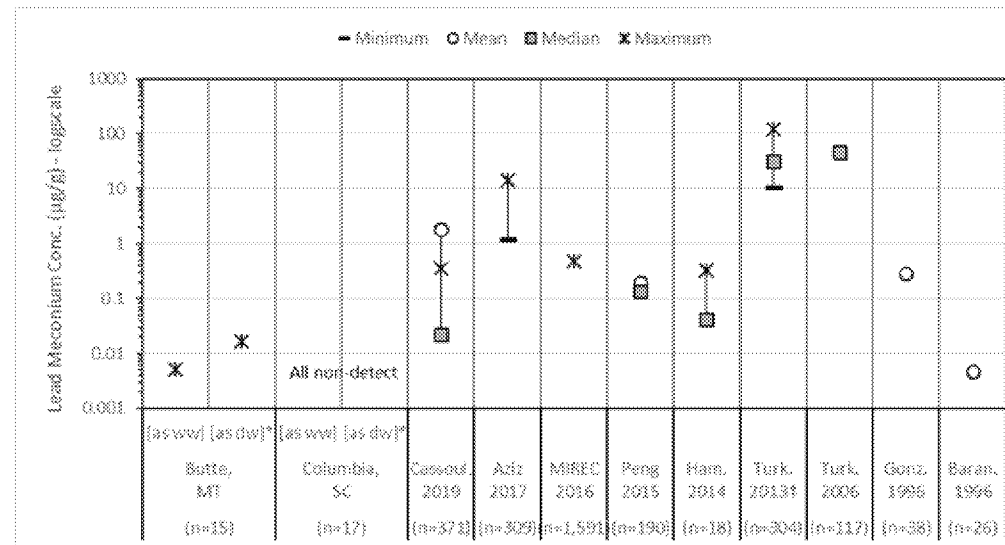


➤ Butte concentrations are within the range of observed MIREC concentrations and consistent with other studies in the literature



## Results Comparison - Lead

- McDermott
  - Butte: single detect of 0.005  $\mu\text{g/g}$  dry wt.
  - Columbia: all <LOD
- MIREC [*median, 95<sup>th</sup> %tile, max*]
  - NC, 0.0085, 0.48  $\mu\text{g/g}$  dry wt.
    - NC = not calculated due to low detection frequency



➤ Butte concentrations are within the range of observed MIREC concentrations and lower than other studies in the literature



## EPA requested additional information from McDermott et al.

- EPA requested the laboratory output for both the Butte and Columbia meconium datasets to allow for a review of the original, unprocessed data.
- Butte shared their laboratory output.
- EPA requested the archived meconium samples for both Butte and Columbia for possible reanalysis.



## EPA Interpretation of Meconium Metal Concentrations

- No established reference levels for metals in meconium
- Currently no available data to establish health effects/toxicity relationships
- Butte, MT meconium metals concentrations appear to be within the observed range based on scientific literature
  - Arsenic and lead concentrations are similar to MIREC study
  - Only one lead detection; indicates infants in Butte are similar to those in the general population, consistent with the current Superfund Health Study conclusions
- Columbia, SC meconium metal concentrations appear uncharacteristically low based on scientific literature



## Other Reviews of McDermott et al. 2019

- ATSDR issued a letter to BSB and Montana DPHHS (12/13/2019)
- DPHHS conducting a Letter Health Consult under the ATSDR CO-OP program (due in Feb)
- Montana Resources hired subject matter experts and conducted an independent review and wrote an external memorandum
- DPHHS performed a cursory evaluation of laboratory quality control information for the Butte results (Montana Environmental Laboratory, Public Health and Safety Division)



# Questions?

Thanks to:

Karen Sullivan, BSB Health Department

Laura Williamson, MT DPHHS

Matt Ferguson, MT DPHHS

Gayle LeBlanc, MT DPHHS

Kai Elguthun, CDC/ATSDR

Scott Sudweeks, CDC/ATSDR

Lynn Woodbury, CDM Smith